

Parent Advisory Council (PAC) Meeting

Minutes completed by: Lynda Gibson

Date: April 5, 2018

Time: 8:45AM-10:00AM

Total Present: 20- Lynda Gibson, Samia Ahabli, Fateh Hdilk, Yosra ben Azouz, Sahin Sufiyan, Iffat Saeed, Marcos Delgado, Nafisu Paseul, Carol Librojo, Jewel Calimlim, Maryam Nauman, Caitlin Lassus, Dora Jimenez, Azzi Khanouchi, Tiffany Oplinger, Jennifer Barba, Judy Edstrom, Mandy Bevacqua, Catherine Korda, Rachida Dini

Refreshments were provided.

There were 2 key agenda items for this meeting:

1. Presentation: Tuesday's Child
2. Review of Upcoming Events

details for all agenda items are provided below

Tuesday's Child helps families address behavioral issues through individualized training for both parents and children. Their evidence-based program centers on an individualized approach that enables their team to address each family's specific situation.

Address: 3633 N California Ave, Chicago, IL 60618

Website: <http://www.tuesdayschildchicago.org/>

Fee: Insurance can cover a percentage of services if the child has a diagnosis of Oppositional Defiant Disorder (ODD). English-speaking services range from \$200-\$800/month. Spanish-speaking services may have a similar fee but there are also grant-funded programs for Spanish-speaking families which are free.

The presentation was done by Jo Anne Loper (Director of Parent Education) and Catalina Zama (Parent-Staff Member). The presentation focused on the techniques or strategies that parents can use to encourage cooperation, strengthen parenting skills, and set kids up for success. Examples of the strategies discussed during today's presentation are:

1. When speaking with children, remember to acknowledge good behavior also and not only say something when child is doing wrong
2. Use positive language and avoid starting sentences with no, don't, or stop
3. Celebrate when kids are on the right path
4. Develop predictable scripts so kids know what will happen next
5. If the kid is doing something bad, think of the behavior you want them to demonstrate and make sure it is reasonable and developmentally appropriate
6. Make sure reinforcers or rewards are something child actually wants and will only receive for compliance or good behavior
7. For younger kids, use token reinforcements to reward behavior (i.e. stickers)

Upcoming PAC Meeting/Events:

June 7	PAC & PTA End of Year Meeting
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Upcoming Peterson/Community Events:

April 17	Fundraiser at El Carrito (4PM-9PM)
April 26	Peterson at the Cubs
May 3	PTA Meeting (8:45AM)
May 17	Kindergarten Orientation

ESEA Title I Part A Funds were used to support this activity